**Pediatric to Adult Healthcare Transition**

***September 26, 2022***

**Resource List**

* [**The Journey Webinars**](https://ohioemploymentfirst.org/view.php?nav_id=484)**.** A series of brief webinars spotlighting transition planning tools and resources. Access videos of previous Journey webinars and registration links for future webinars.
* [**Transition Readiness Assessment Questionnaire**](https://www.etsu.edu/com/pediatrics/traq/documents/traq-5.0.pdf)is an assessment developed for youth ages 14-21 to see their readiness for managing their own health care. This can also be filled out by a caregiver.
* [**Got Transition**](https://www.gottransition.org/)is a national resource center on health care transition aimed to use evidence-driven strategies to ease the health care transition from pediatric to the adult health care system. This website can be used by families/caregivers, students, teachers, and clinicians. Here you will find resources such as the:
  + [**Health Care Transition Skills Checklist**](https://peatc.org/wp-content/uploads/2021/12/HCT-Skills-Checklist.pdf)
  + [**Health Care Transition Readiness Assessment for Students**](https://www.gottransition.org/resource/?tra-iep-english)
  + [**Sample Goals for the Health Care Transition Readiness Assessment for Students with an IEP**](https://www.gottransition.org/resource/?sample-goals-for-tra-iep)**.**
  + [**Sample Plan for Care**](https://gottransition.org/6ce/?leaving-plan-care)
  + [**Sample Medical Summary and Emergency Care Plan**](https://www.gottransition.org/6ce/?leaving-medical-summary-emergency-plan)
* [**Transition to Adulthood: A Health Care Guide for Youth and Families**](https://autisticadvocacy.org/wp-content/uploads/2014/07/ASAN-healthcare-toolkit-final.pdf) **i**s intended to help young people with disabilities and their families plan for the transition to adulthood in as it relates to heath care. **There are helpful worksheets that will allow youth to walk though making an appointment, checklists on what to bring to a health care visit, how to describe their symptoms, and how to follow up after an appointment.**
* [**MyHealth Passport**](https://wapps.sickkids.ca/myhealthpassport/)is a customizable wallet-sized card that will provide instant access to important health care information that can be shared in case of an emergency or simply when filling out medical paperwork for an upcoming appointment.
* [**Link to Additional Resources**](https://ocaliorg.sharepoint.com/:f:/s/LifespanTransitionCenter/Eo8EGfBQmmVAup6FF3I2BSIBMRvs0nwZ-HgqJyPIiCIvEw?e=QjIIDQ)from LaDonna Morales such as Charting the LifeCourse tools for goal setting, Health Care Transition Timelines for caregivers, Federal and State benefits for transition aged youth, and more!
* [Autism Society of America](http://www.autism-society.org)
* [United Cerebral Palsy Association](http://www.ucp.org)
* [National Down Syndrome Congress](http://www.ndsccenter.org)
* [Spina Bifida Association](http://www.sbaa.org)
* [Children and Adults with ADHD](http://www.chadd.org)

Quote Shared:

“Every child deserves a champion, an adult who will never give up on them, who understands the power of connection and insists that they become the best that they can possibly be.”

--Rita Pierson

* **Upcoming *Journey* webinar**
  + **Monday, October 24, 2022 at 2:30 pm**
  + **Family Engagement: Building a Strong Foundation**
  + **Tom Capretta MPA, Ohio Statewide Family Engagement Center Project Coordinator**
  + [**Register Here**](https://us06web.zoom.us/webinar/register/WN_gTImi9ugQM60GVZM0-45qA)