Stages of Teams

All Teams experience these Stages. It is natural and normal. Recognizing what Stage the Team is in assists the Team to move forward, or stay in, a more productive Stage. Teams don't always go through the Stages in the order in which they appear below. Expect the Team to experience some of each Stage, and that can occur all at the same time. Teams also naturally revert to less productive stages when things get stressful, there are new conditions, new Team members or other events that negatively impact Team members or the work of the Team.

See also the Stages of Teams Indicators of Effectiveness Checklist and the Stages of Teams Checklist Discussion Feedback for more tools.

Forming

Setting the stage by informing and coordinating

Team Member Characteristics	Strategies for Success
Polite	Recruit the 'right' Team Members and clarify roles
Party Manners	Focus on Vision and Root Cause of concerns
Tentative	Come to consensus about common ground for change

Storming

Resolving conflict and tension by enduring and coaching

Team Member Characteristics	Strategies for Success
Questioning	Focus on Team purpose, goals and strategies
Resisting	Use problem solving, conflict resolution and consensus building strategies Listen actively to concerns and feedback
Disagreeing	
Interpersonal conflict	

Norming

Beginning to work in synergy by collaborating and empowering

Team Member Characteristics	Strategies for Success
Building relationships	Emerging shared authority and responsibility
Mutual respect Value diversity of team	Team roles flexible and interchangeable across agency representation
	Time for attending to work of the plan is routine
	Communication is relaxed and effective

Performing

Achieving meaningful progress and championing the team's purpose

Team Member Characteristics	Strategies for Success
Working as one unit	Make data based decisions, reliance on facts
Mutually beneficial	Tackle more challenging problems
	Build on energy to elicit support of wider community
	Establish sustainable processes beyond life of Team MAP

