

Multi Agency Transition Planning

**Person Centered Thinking and
Backwards Planning Template**

Question 1

What do we know about the youth's desired adult outcomes?

Youth Name	Case Manager	Current Grade	Current School Year	Targeted Graduation Year

Parent/Family Names	Contact Information for Parents

Adult Education/Training Goal - Ongoing Adult Learning	Postsecondary Competitive Integrated Employment Goal	Adult Living - Community Membership Goal

Question 2

What do we know? Person-Centered Thinking

Preferences

- Who I choose to spend time with.
- What I choose to do during my free time.
- How I prefer to receive information
- How I prefer to communicate
- Preference for working. Alone? With 1 person? Groups?
- Environmental preference. Open? Private? Active? Quiet? Bright? Dark?

Skills/Strengths

- Talents, gifts, abilities
- What I am good at doing.
- When I am most independent.
- What helps me to be successful.
- My skill set for learning.

NAME:	

Interests

- What fascinates me.
- What gains my attention
- What is meaningful to me
- What is motivating/reinforcing to me.
- Hobbies or collections
- Favorite things, people, places, etc.
- What I like to do around the house.

Needs

- What challenges me.
- What requires help.
- What is difficult for me.
- When I request assistance.
- What helps me feel most comfortable or safe.
- 'Needs' that currently require another person to be present.

Question 3. What else do we need to know	Question 4. How will we find the answers?

Keep in Mind: The Processes identified in Question 4 are part of the Transition Assessment process and provide Transition Assessment Data

Question 5

What steps do we need to take to move the youth from where he/she is now to where he/she wants to be (the desired adult outcomes)?

"Where is the Youth Going?"

Desired Adult Outcome (select an outcome or goal to focus on from Question 1 and update if necessary)

- Postsecondary Competitive Integrated Employment Goal
- Adult Education/Training Goal - Ongoing Adult Learning
- Adult Living - Community Membership Goal

Backwards Planning

Desired Outcome/Adult Goal: _____

Column 1	Column 2	Column 3	Column 4	Column 5	Column 6
Current Date: _____ Current Skill (Baseline) identified by AATA or Discovery (or other known information)	Steps to Reach milestone Target Date to Accomplish _____	Steps to Reach Milestone Target Date to Accomplish _____	Steps to Reach Milestone Target Date to Accomplish _____	Steps to Reach Milestone Target Date to Accomplish _____	Target Dates: _____ Future skill or milestones required in order to achieve desired goals/outcomes
Interests, Skills, Preference, Needs, etc.:					Interests, Skills, Preference, Needs, etc.:
Communication					Communication
Independence					Independence

Backwards Planning

Desired Outcome/Adult Goal: _____

Column 1	Column 2	Column 3	Column 4	Column 5	Column 6
Current Date: _____ Current Skill (Baseline) identified by AATA or Discovery (or other known information)	Steps to Reach milestone Target Date to Accomplish _____	Steps to Reach Milestone Target Date to Accomplish _____	Steps to Reach Milestone Target Date to Accomplish _____	Steps to Reach Milestone Target Date to Accomplish _____	Target Dates: _____ Future skill or milestones required in order to achieve desired goals/outcomes
Social/Social – Emotional					Social/Social – Emotional
Work/Employment/ Leisure Skills or Knowledge:					Work/Employment/ Leisure Skills or Knowledge:
Academics					Academics